

# HELMETS OF HEART

ARTISTIC VALOR: HONORING HEROES, HEALING UKRAINE



Inspired  
by Heritage



# WHY ARE YOU PARTICIPATING IN THE HELMETS OF THE HEART INITIATIVE?

At the heart of our initiatives is a deep commitment to raising awareness about Ukraine's rich history, the strength of its people, and the positive future they are building. Through projects like **Helmets of Heart** and the **Rebuild Ukraine Hackathon**, we aim to celebrate Ukraine's cultural identity and foster understanding of the challenges it faces today, while focusing on resilience, wellness, and hope.

We believe that art is a powerful way to express emotions, share stories, and inspire change. By painting these helmets, students like you have the chance to create something meaningful that reflects both the strength of the Ukrainian people and the hope for a brighter, peaceful future. Each painted helmet represents a message of positivity, unity, and creativity—showcasing the beauty that emerges even in difficult times.

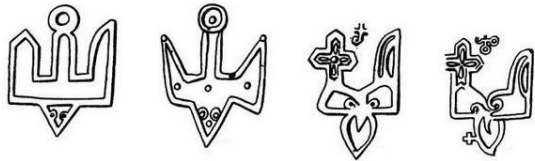
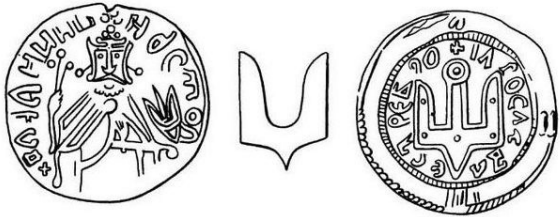
This **book** is filled with **inspirational images** to spark your creativity as you prepare to paint the helmets. It is designed to help you connect with Ukraine's culture and history while inspiring your own vision of peace and resilience. We hope these images guide your artistic journey, encouraging you to create pieces that reflect hope, wellness, and the future.

Through art, together we are creating a narrative of hope and rebuilding, one that celebrates the enduring spirit of Ukraine and invites others to stand with us in supporting its future.





# Герби Великих князів Київських Родові знаки князів X-XII ст.

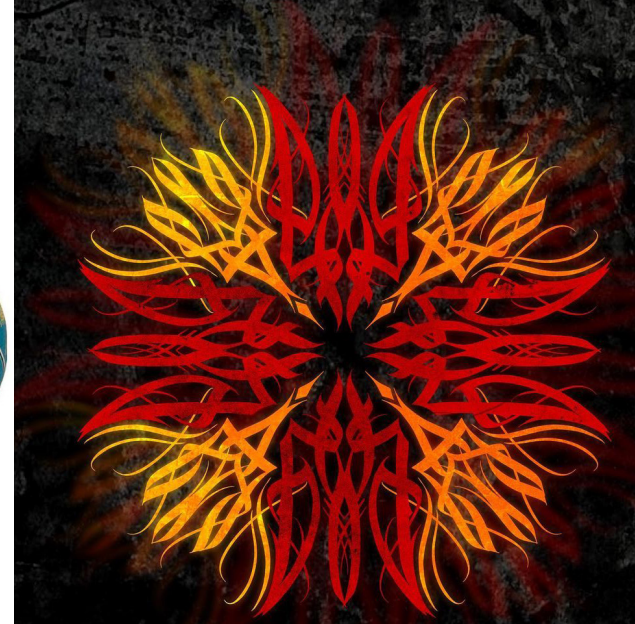
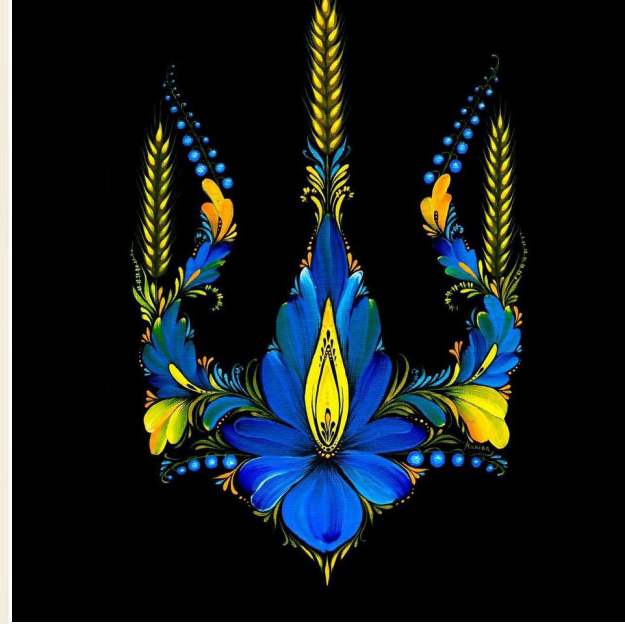


UKRAINIAN CONGRESS MEMBERS FORMED THE TRYZUB, UKRAINIAN NATIONAL SYMBOL, IN SUPPORT OF THE MILLIONS KILLED BY USSR DURING THE FAMINE OF 1932-1933.

4TH OF DECEMBER 1983  
PH: JEFF GOODE  
CREDITS: COURTESY OF TORONTO PUBLIC LIBRARY











QUEENS, NY US 2022  
BY MAYA HAYUK



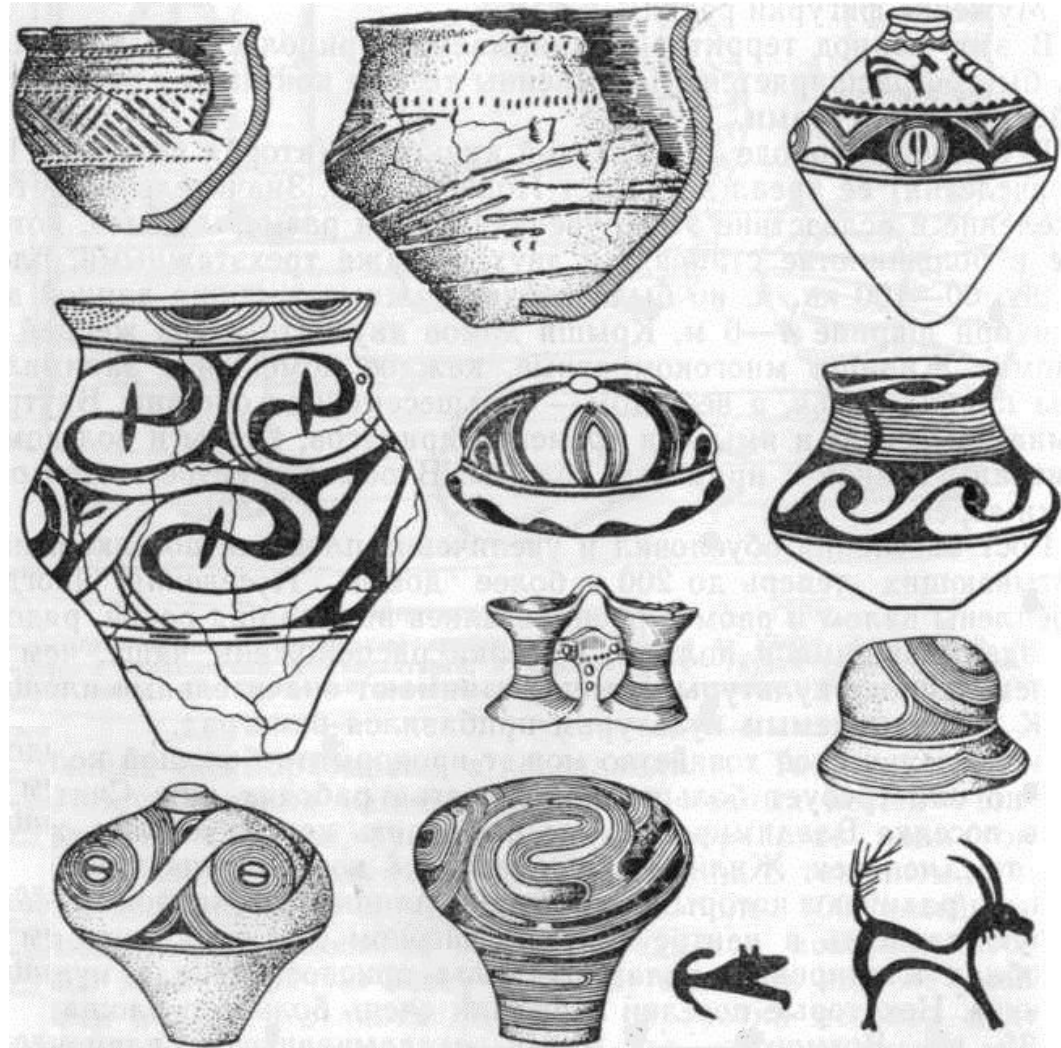
BASEL, SWITZERLAND 2023  
BY MAYA HAYUK




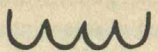



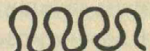


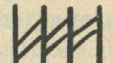






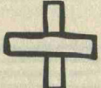



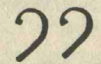
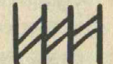


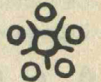
**Trypillian culture**  
Трипільська культура









		
16. Зв'язок часів	17. Мати (родючість)	18. Охорона
		
19. Зерно в землі	20. Родове гніздо	21. Звивини ріки часу
		
22. Сходи майбутнього урожаю	23. Сонце (світити, яскравий)	24. Тріада часу (минуле, сьогодні, майбутнє), двері в дім, завжди
		
25. Птахи (ирій)	26. Смерть	27. Небезпека
		
28. Рівновага	29. Зоря	30. Перевесо порядку
		
31. Центр світу	32. Квіти життя	33. Обереги
		
34. Худоба	35. Вуха (чути)	36. Огорожа (безпека)
		
37. Урожай (підсумок)	38. Зуби (спроба)	39. Печатка майстра





# Kosiv Painting Косівський розпис









**Petrykivka Painting**  
Петриківський розпис





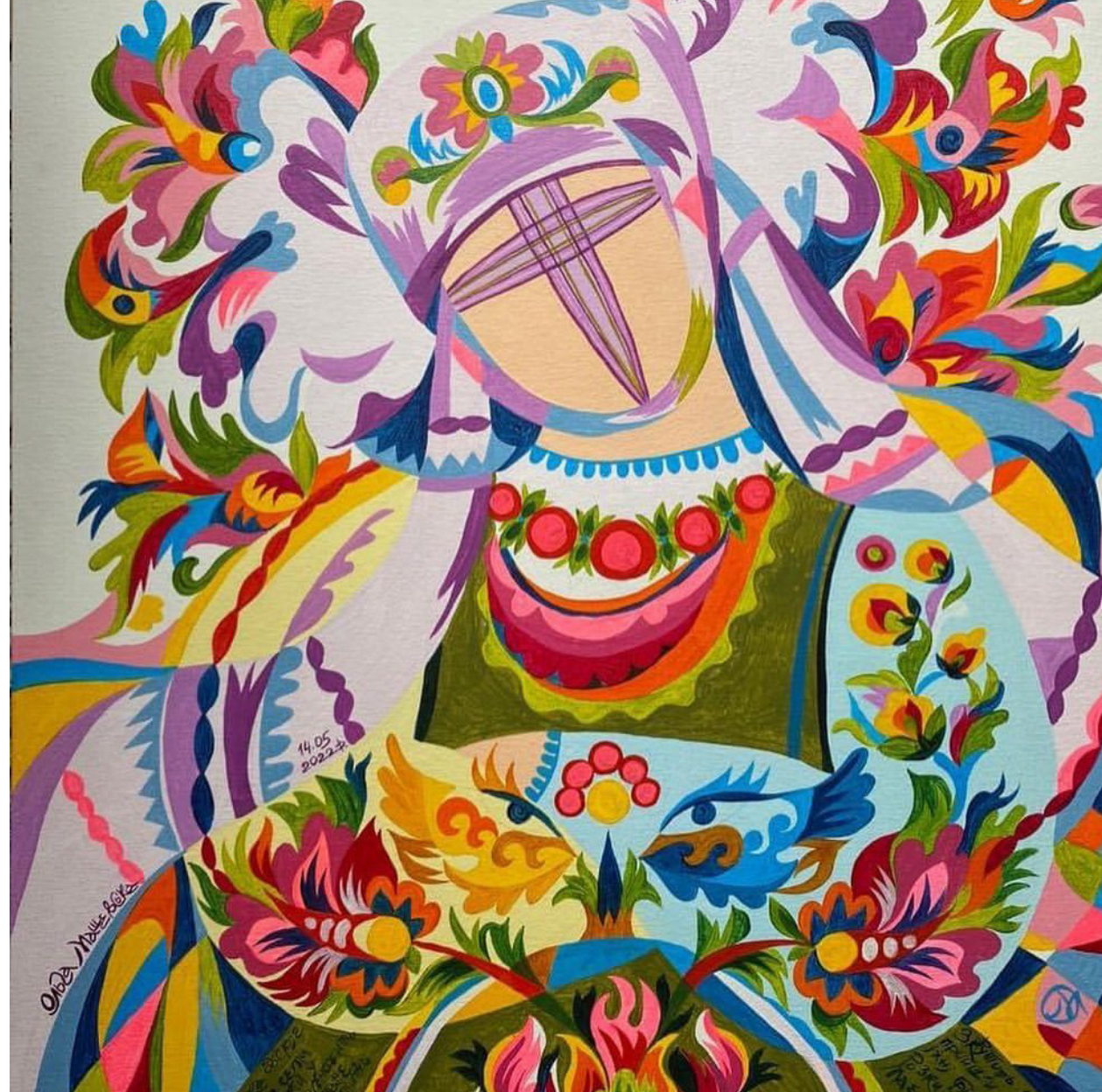








# Samchykivka Painting Самчиківський розпис





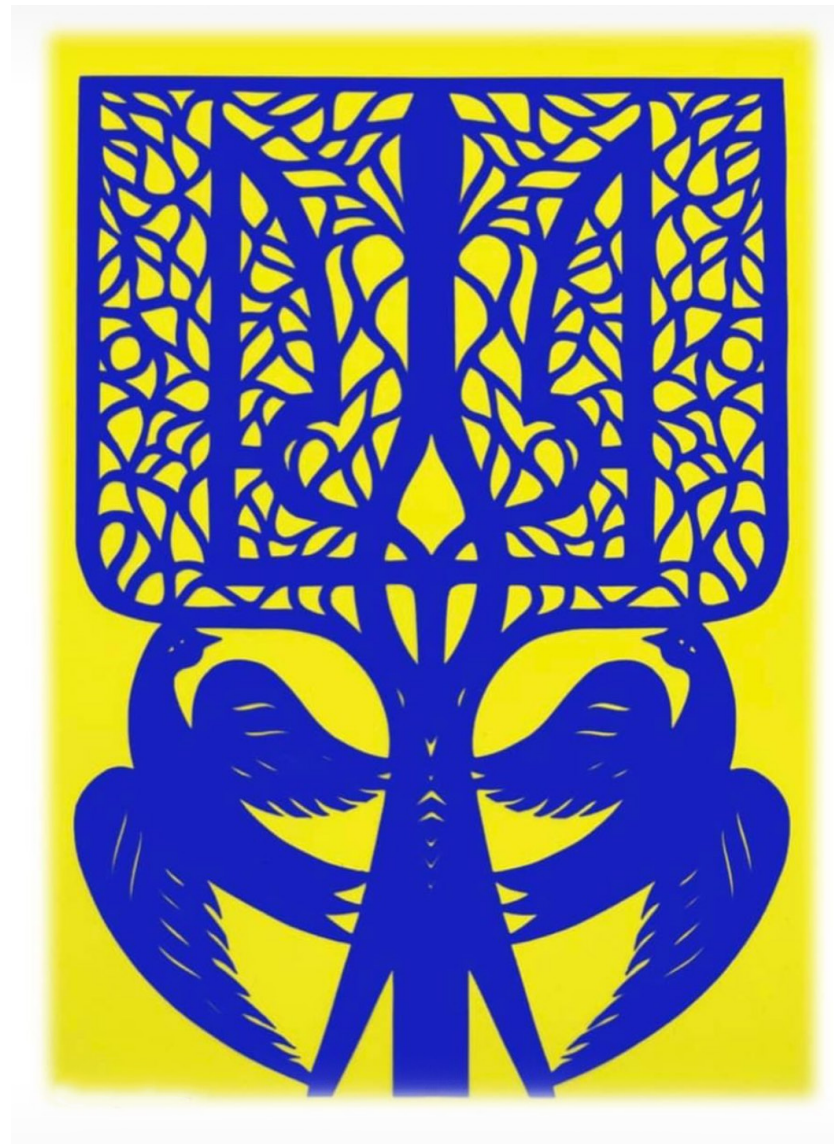




Vytynanka  
Витинанка













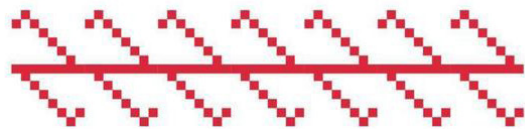
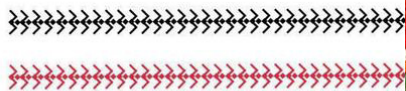
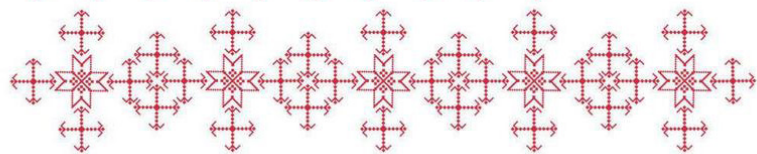
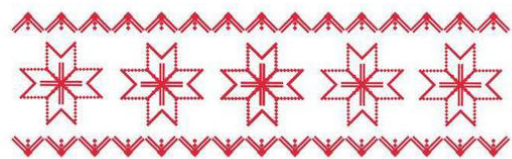
Ukrainian embroidery  
Українська вишивка













Русанка  
Писанка

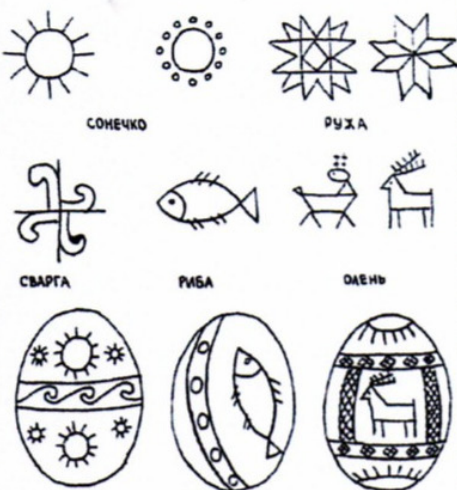




**Символи, що сприяють багатому врожаю**



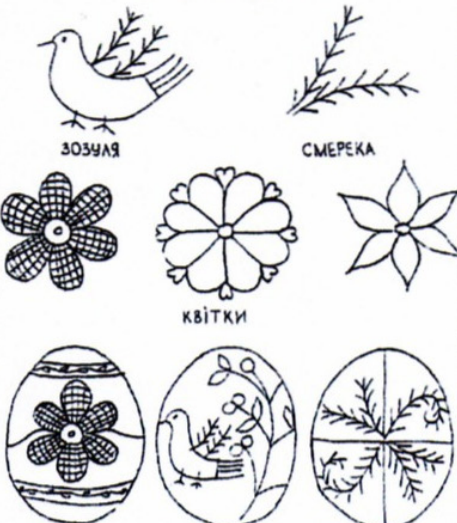
**Символи здоров'я та довголіття**



**Символи, що лікують**



**Символи кохання**



PYSANKA  
BY ELENA GORLENKO





SILVER COINS



SILVER PYSANKA COIN FROM THE ROYAL CANADIAN MINT BY TANYA MYKTYIUK



**EVERYTHING WILL BE UKRAINE!**

